



**ST TAMMANY PARISH PUBLIC SCHOOLS
LUNCH MENUS FOR MIDDLE/JUNIOR HIGH SCHOOLS
OCTOBER 2017**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ONE ENTRÉE PER LINE which will be the manager's choice.				
2 Main Line: Delicious Chicken Tenders Garden salad Mashed Potatoes School Made Roll	3 Main Line: Ravioli and Marinara Fresh Tossed Salad Garlic Breadstick Chocolate Chip Cookie Take Out Line: Hot Dog w/ Chilli Vegetable Blend Juice Potato Rounds OR French Fries	4 National Taco Day Main Line: Beef Tacos w/Fixings Seasoned Corn Garden Salad Cinnamon bread Sticks	5 Main Line: Classic Chicken Sandwich w/ Lettuce French Fries Baked Beans	6 PARISH FAIR HOLIDAY
9 Main Line: Delicious Chicken Tenders Salad Tasty Green Peas Mac-n-Cheese Fresh Baked Roll	10 Main Line: Breezy Beefy Mac Crisp Baby Carrots Seasoned Green Beans Fresh Baked Garlic Breadstick	11 Main Line: Fried Chicken Louisiana Red Beans & Rice Coleslaw Fresh Baked Biscuit Cupcakes	12 National Gumbo Day Fresh Crisp Baby Carrots Southern Potato Salad Fluffy Brown Rice Fresh Baked Breadstick Chewy Oatmeal Cookie Take Out Line: Meatball Sub w/ Marinara French Fries	13 PROFESSIONAL DEVELOPMENT DAY (NO STUDENTS)
16 Main Line: Delicious Chicken Tenders Garden Green Salad Cheesy Potato Au Gratin Fresh Baked Roll	17 National Pasta Day Main Line: Italian Meat Sauce w/Pasta Fresh Crisp Baby Carrots Seasoned Green Beans French Bread Chocolate Chip Cookie	18 Main Line: Cheesy Chicken Quesadilla Zesty Refried Beans Fruit Crisp Crispy Lettuce Salsa Take Out Line: Hot Dog Crispy Carrot Sticks French Fries OR Potato Rounds	19 Main Line: Southern Fried Catfish Fresh Baked Potatoes Creamy Cole Slaw Fresh Baked Roll	20 Main Line: Stuffed Crust Pizza Pepperoni Garden Green Salad Seasoned Corn Dipping Marinara
23 Main Line: Delicious Chicken Tenders Carrots Green Salad Macaroni & Cheese Fresh Baked Roll	24 Main Line Nacho Supreme Refried Beans	25 Main Line: Turkey OR Pork Roast w/Gravy Sweet Potato Casserole Cauliflower Florets Fresh Baked Roll Take Out Line: Fish Patty Sandwich Lettuce French Fries	26 Main Line: Homemade Meatloaf Broccoli Crown Florets Creamy Mashed Potatoes Fresh Baked Roll Rice Crispie Treat	27 National Potato Day Main Line: Hamburger OR Chee seburger Crisp Lettuce Sliced Tomato Potato Rounds OR French Fries Chilled Fruit
30 Main Line: Delicious Chicken Tenders Mashed Potatoes w/ cheese Fresh Broccoli Florets Fresh Baked Roll	31 Main Line: Ravioli and Marinara Fresh Tossed Salad Garlic Breadstick Chocolate Chip Cookie		LUNCH PRICES: Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.25	AVAILABLE DAILY: Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk Assorted Fruits & Veggies  Optional Daily Entrée: Non-Fat Flavored Yogurt w/Mozzarella String Cheese

This institution is an equal opportunity provider. Menus are subject to change.